

# **WEEK ONE**

October 30th, November 20th, December 11th, January 15th, February 5th, March 4th, March 25th April 29th, May 20th

**MONDAY** 

Mixed Pepper Pizza (V, EF) Classic Margherita Pizza (Cheese & Tomato) (V, EF)

Sweetcorn & Baked Beans

Fruit Salad with Yoghurt (V, GF, EF)

**TUESDAY** 

Cheeseburger Pasta Bake (EF) Fruity Vegetable Curry (VG, GF)

Fluffy Rice, Broccoli & Peas

Fruit Salad with Yoghurt (V, GF, EF)

WEDNESDAY

Roast British Loin of Pork (GF, DF, EF)
Vegetarian Roast Quorn (V, GF)

Crispy Roast Potatoes & Yorkshire Pudding with Gravy

Curly Cabbage & Carrots

Fruit Salad with Yoghurt (V, GF, EF)

THURSDAY

Chicken & Sweetcorn Pie (DF)
Broccoli & Cheese Pasta Bake
(V. EF)

Green Beans & Carrots

Pear & Chocolate Brownie (V)

**FRIDAY** 

Golden Fish Fingers (DF, EF)
Crispy Vegetable Spring Roll (VG)

French Fries or Pasta Baked Beans or Peas

Strawberry Iced
Smoothie (V. EF, DF, GF)

**WEEK TWO** 

November 6th, November 27th, December 18th, January 22nd, February 19th, March 11th, April 15th, May 6th

MONDAY

Rustic Tomato & Vegetable Pasta
(VG)

Oven Baked Jacket Potato with Cheddar
Cheese & Coleslaw (V. GF. EF)

Baton Carrots & Sweetcorn

Fruit Salad with Yoghurt (V, GF, EF)

**TUESDAY** 

Moorish Meatballs in a Rich
Tomato Sauce (GF)
Tasty Veggie Meatballs in a Rich Tomato
Sauce (V, DF)

Steamed Rice, Cauliflower & Peas

Fruit Salad with Yoghurt (V. GF. EF)

WEDNESDAY

Pork Bangers (EF)
Veggie Bangers (VG)
Roasted Vegetable Couscous
Salad (V, DF, EF)

Mashed Potatoes & Gravy
Green Beans & Carrots

Strawberry Jelly (V, GF, DF, EF) with Fruit Salad

**THURSDAY** 

Creamy Chicken Mayo Wrap (EF, DF)
Mac 'n' Cheese (V, EF)

Broccoli & Sweetcorn

Fruit Salad with Yoghurt (V. GF, EF)

**FRIDAY** 

Crispy Bubble Battered Fish *DF*, *EF*)
Mild Veggie Samosas (VG)

French Fries or Pasta Baked Beans or Peas

Vanilla Ice Cream (V, GF, EF) with Peaches

**WEEK THREE** 

November 13th, December 4th, January 8th, January 29th, February 26th, March 18th, April 22nd, May 13th

## MONDAY

Pineapple & Sweetcorn Pizza (V, EF)
Classic Margherita Pizza (Cheese & Tomato)
(EF, V)

Corn on the Cob & Baked Beans

Fruit Salad with Yoghurt (V, GF, EF)

## **TUESDAY**

Turkey & Vegetable Meatloaf (GF, DF, EF)
Cheese & Onion Pinwheel (V. EF)

Mashed Potatoes, Savoy Cabbage & Peas

Lemon & Honey Drizzle Cake with Melon (V)

#### WEDNESDAY

Roast Chicken Breast (GF, DF, EF)
Vegetarian Quorn Roast (V, GF)

Yorkshire Pudding, Roast Potatoes & Gravy
Green Beans & Carrots

Fruit Salad with Yoghurt (V. GF. EF)

# **THURSDAY**

Tuna Pasta Bake (EF)
Oven Baked Jacket Potato with Cheddar
Cheese (V, EF)

Steamed Rice, Broccoli & Sweetcorn

Fruit Salad with Yoghurt (V. GF, EF)

### FRIDAY

Flipper Dippers (DF, EF) Veggie Sausage Roll (VG)

French Fries or Pasta Baked Beans or Peas

Orange & Mango
Iced Smoothie (V. GF. EF. DF)

Available daily – Natural yogurt, fresh fruit, fresh bread, salad bar and lots of fresh water!



